



takeaway dinner

ORDER ON 01720 423719

OR @ FACEBOOK/DIBBLEANDGRUB advance orders only

Starters & Sides

Bar Snacks

D&G Mix Olives GF V	chilli & garlic marinated pitted Kalamata and green olives	£3.00
La Verde Organic Olives GF V	organic pitted green olives with wild garlic and basil	£3.50
Kasbah Organic Olives GF V	organic mixed olives marinated in the flavours of the Levant	£3.50
Almendras con Pimentón GF V	roasted almonds with Spanish smoked paprika	£3.00
Herb Roasted Nuts & Seeds GF V	roasted with rosemary & olive oil & salt	£3.00
Majiz Frito GF V	Spanish fried, salted corn	£2.50

Breads

Piquitos Camperos GFO V	breadsticks from award winning family baker in Malaga	£2.50
Ciabatta GFO V	warm bread served with homemade dukkah spice dip and olive oil	£3.00
Pitta Bread GFO V	Greek pitta bread warmed on the grill	£2.50

Dips

Hummus GF V	middle eastern chickpea dip flavoured with garlic and lemon	£2.50
Babaganoush GF V	East Mediterranean roast aubergine dip	£2.90
Tzatziki GF	Greek yogurt dip with cucumber and mint	£2.50
Pea Hummus GF V	dip with green pea and mint	£2.50

Nibbles

Dolmaçes GF V	vine leaves stuffed with flavoured rice	£3.00
Sweet Chilli Peppers with Cheese GF	sweet peppers filled with soft cheese	£3.50
Banderilles GF	skewered pimento olives wrapped in anchovy	£3.00
Cornish Gouda GF	diced mature cheese	£3.50

Burgers

Homemade Beef Burger

Cornish beef burger with Cornish brie, tomato, red onion, lettuce & garlic mayonnaise in a soft roll **GFO**

£8.00

Sweet Potato & Butterbean Burger

Spiced veggie burger with red onion marmalade, goats cheese, fresh coriander, lettuce & mayo in a soft roll **GFO VO**

£7.90

Moroccan Bean Burger

Vegan burger with hummus, onion relish, tomato sauce and salad served in a soft roll **V GFO**

£7.90

Tapas

We recommend that you order a meal to share, that way you get to enjoy a wider range of dishes, textures & flavours. We suggest around 3-4 dishes per person

El Pescaço

Albõndigas de Bacalao **GF**
Deep fried cod balls

Cornish fish

£7.50

Montañitos

Boquerones **GFO**
marinated anchovy fillets

£4.50

La Carne

Lebanese Lamb **GF**
Cumin-spiced diced lamb served with hummus and pine nuts

meat dishes

£7.50

Prosciutto **GFO**

Italian cured ham

£4.50

Souvlaki Skewer **GF**

Greek pork dish marinated in lemon, garlic & oregano

£7.00

Fresh Tomato **GFO V**

tomato & basil

£4.50

Chorizo in Red Wine **GF**

chorizo & butter beans in a rich tomato & red wine sauce

£6.00

Blue Cheese, Grape and Walnut **GFO**

Cornish blue, grape & walnut

£4.90

Las Verduras

vegetarian & vegan

Three Pea Tagine **GF V**

Moroccan spiced dish topped with fragrant herbs

£5.00

Ensalada

refreshing salads

Moor-slaw **GF V**

Moorish inspired coleslaw dressed with lemon & sumac

£3.50

Caponata **GF V**

Sicilian aubergine stew with olives and capers

£5.50

Couscous Salad **V**

cooked with cherry tomatoes, olives & basil

£3.90

Moroccan Chickpea Stew **GF VO**

chickpeas and roast vegetables in spicy tomato sauce

£5.50

Salad Bowl **GF V**

mixed salad dressed with light vinaigrette

£3.00

Falafel Balls **GF V**

middle eastern spiced chickpea balls with tahini & zhoug dressings

£4.50

Tomato & Feta Salad **GF VO**

vine tomatoes, feta, fresh basil & balsamic dressing

£3.90

El Plato Adicional

hot side dishes

Saganaki **GF VO**

Cypriot halloumi cheese pan-fried in olive oil

£4.00

Insalata Caprese **GF**

Italian buffalo mozzarella, vine tomatoes & fresh basil

£4.50

Champiñones al Horno **GF**

Field mushroom baked with garlic & goats cheese

£4.50

Greek Lentil Salad **GF V**

puy lentils & borlotti beans in onion & herb dressing

£3.90

Veggie 'fish fingers' **GFO VO**

breaded pan-fried halloumi sticks

£4.50

Colourful Quinoa Salad **GF V**

quinoa, chickpeas & bright salad ingredients

£3.90

Lentejas **GF V**

Spanish braised lentils

£4.50

Mixed Bean Salad **GF V**

cannellini, borlotti, kidney & green beans with lemon & chilli

£3.90

Spanish Tortilla **GF**

potato & onion cooked with local eggs

£4.50

Carciofi **GF V**

artichokes hearts marinated in lemon & garlic

£3.50

Stuffed Tortilla **GF**

Spanish tortilla with *manchego*, *prosciutto* or *anchovy*

£5.50

Piquillo Peppers **GF V**

Red peppers marinated with garlic, sherry vinegar & parsley

£3.50

Potato Wedges **GF VVO**

with chilli relish **V** or garlic mayo **VO**

£4.20

Desserts

Meringue

Local egg meringue topped with local clotted cream and fresh fruit **GF NEW VO!!**

£6.00

Baklava

Greek filo parcels with nuts and honey syrup

£7.00

Chocolate Gateaux **GF V**

Moist chocolate sponge sandwiched with fluffy chocolate icing

£5.00

GF = gluten free

GFO = adaptable for gluten free option

V = vegan

VO = Adaptable for Vegan Option