



brunch

served between
10:00am & 11.30am

The best meal of the day? It's certainly a great way to start any day! Don't forget your freshly squeezed fruit juice or can we tempt you to a glass of prosecco or breakfast cocktail?!

Keep it simple...

Croissant

Freshly baked this morning and served with Cornish butter & marmalade £1.90

Savoury Croissant

Cornish ham (or spinach) & Swiss cheese lightly melted in a croissant £2.50

Toast GFO VO

Two slices of granary toast served with Cornish butter & marmalade £2.50

Fresh & light...

Granola VO

Greek yoghurt and honey topped with homemade granola and fresh fruit £5.50

Avocado on Toast V GFO

Smashed avocado and tomato on toasted ciabatta dressed with olive oil, basil & paprika £6.00

Smoked Salmon Bagel GFO

Toasted bagel smothered with cream cheese and loaded with Cornish smoked salmon £7.50

Handheld...

Bacon & Mushroom Roll GFO

Soft white roll stuffed with Cornish bacon and flat mushrooms £4.50

Breakfast Ciabatta GFO

Warm ciabatta filled with egg mayonnaise, Cornish ham (or avocado), Swiss cheese, tomato & spinach £7.50

Out of the frying pan....

Shakshuka GFO

North African tomato and pepper sauce with an egg poached on top, served with warm ciabatta bread £8.00

Pancake

Thick pancake topped with Greek yoghurt, fresh fruit & maple syrup £7.00

Torrijas

Spanish style French Toast with cinnamon & honey £6.50

Beans means...

Homemade Baked

Beans on Toast V GFO

Mixed beans cooked in a lightly spiced tomato sauce served on toasted ciabatta bread £5.50

Topped with:

* Feta & coriander £1.00

* Crispy bacon & mushroom £1.50

* Spinach & poached egg £2.00

* Avocado & basil £2.00

On a toasted muffin with homemade hollandaise...

Eggs Royale GFO

Poached Scilly free range eggs with Cornish smoked salmon £8.50

Eggs Florentine GFO

Poached Scilly free range eggs with fresh spinach £7.50

Eggs Benedict GFO

Poached Scilly free range eggs with Cornish ham £8.00

Scrambled...

Scrambled Eggs GFO

Smooth and creamy scrambled Scilly free range eggs served on granary toast £5.00

Scrambled Tofu V GFO

Spiced scrambled tofu with cherry tomatoes and spinach served on granary toast £6.50

Add extra...

Bacon £2.00

Spinach £1.00

Avocado £2.00

Cornish Smoked Salmon £2.50

Grilled flat mushroom £1.00

Scrambled Egg £3.50

Poached Egg £1.50

Cornish Ham £1.50

Baked Beans £2.50

GF = made with no gluten containing ingredients
GFO = can be made without gluten containing ingredients

V = vegan

VO = Adaptable for Vegan Option