



cocktails

- Mojito** The Cuban classic; is this the greatest cocktail of all time?
Toti white rum, lime, soda & mint **GF V** £10.00
- Limoncello & Blackberry Spritz**
Bottega limoncello, Cornish Six blackberry liqueur, Italian sparkling wine, soda **GF V** £10.00
- Pomegranate Bellini** The bellini with a Mediterranean twist
Cariel vanilla vodka, cranberry juice, pomegranate juice, prosecco **GF V** £11.00
- Bloody Mary** Start your morning the right way!
Element 29 vodka, tomato juice, Henderson's relish, tabasco, lemon **GF V** £11.00
- Negroni** Classic Italian aperitif (with a Cornish twist of course)
Cornish Knightor vermouth rosso, Campari & Boxer gin **GF [not vegetarian]** £10.00
- Monarch** Your favourite...and ours
Boxer gin, Cornish Six elderflower liqueur, lemon juice, mint **GF V** £10.00
- Cantaritos** Juicy, refreshing, citrusy cocktail from Mexico
Arette tequila, orange juice, pomegranate juice, lime juice, salt, pink grapefruit soda **GF V** £10.00
- Pomme** French in name but Cornish in spirit, an apple pie in a glass
Cornish cider brandy, apple juice, vanilla, lemon **GF V** £10.00
- Raspberry Martini** made with all Cornish ingredients
Elemental Cornish raspberry gin, Cornish Six raspberry liqueur, raspberries **GF V** £10.00
- I SC No Ships** Created to celebrate our local SC Dogs rum
SC Dogs honey spiced rum, Cornish blackberry liqueur, pineapple juice, orange juice, lime **GF** £11.00
- Berry Caipirinha** The quintessential Brazilian drink
Cachaça, lime, sugar, raspberries, blackberries **GF V** £10.00
- Hot Headz** Be warned...this one is for the hot heads!
Cornish chilli gin, apple juice, lime juice, pineapple ice **GF V** £10.00
- Spring Fever** the perfect drink for sipping in the sun
Westward Farm colour changing gin, lemon, agave, pink grapefruit soda **GF V** £10.00
- Carnaghino** Smooth & sophisticated
Bottega Pistachio Liqueur, Bottega Nero Chocolate Liqueur, Cognac **GF V** £11.00
- Espresso Martini** 'to wake you up, and...' well, you know the story!
Element 29 vodka, Cariel vanilla vodka, Bottega espresso liqueur, Cornish roasted espresso **GF** £11.00
- Grappacino** Espresso Martini's Italian love child
Grappa, Tosolini Saliza Amaretto, espresso **GF** £11.00
- Raspberry Panacotta Martini** dessert cocktail dreams come true!
Bottega raspberry liqueur, Bottega white chocolate liqueur, Cariel vanilla vodka, fresh cream **GF** £11.00
- Black Russian** A great dessert cocktail with a unique d&g twist
Element 29 Vodka, Bottega Espresso Liqueur, homemade espresso Ice cream **GF** £11.00
- Snickertini** So naughty, but...oh so nice
Cornish salted caramel vodka, Baileys, Bottega nero chocolate liqueur, Tosolini amaretto **GF** £11.00



aperitif

Spritz & Jugs

		Glass	Jug
Cornish Spritz	Perfect aperitif! Cornish fruit liqueur with Italian sparkling wine & soda	£8.00	£26.00
Elderflower, Raspberry or Blackberry			
Rebujito	Spanish fiesta cocktail from Andalucía! Fino sherry, mint & lemonade	£8.00	£26.00
Sangria	Our own delicious, authentic, fruity & refreshing recipe	£7.00	£23.00
Pimm's No.1 Cup	Pimm's served with lemonade & fresh fruits	£6.00	£20.00
Pen Sans Summer Cup	A Cornish take on the classic summer punch	£7.00	£23.00

Beer & Cider

San Miguel v		5.0%	660ml	£8.00
San Miguel	GFO (2.8%) v	5.0%	330ml	£4.00
Helles Beach v	Cornish lager from the Firebrand Brewing Co	4.4%	440ml	£6.00
Jubel Peach v GF	carbon neutral, Cornish session lager cut with peach	4.0%	330ml	£5.00
Jubel Grapefruit v GF	carbon neutral, Cornish session lager cut with grapefruit	4.0%	330ml	£5.00
Ales of Scilly 'Dibble & Glug' v	session pale ale made exclusively for d&g	4.0%	500ml	£7.00
Ales of Scilly Bitter v	WHILE STOCKS LAST! brewed on Scilly	4.5%	500ml	£7.00
Polgoon Apple Cider	Cornish lightly sparkling, crisp & dry cider	5.0%	500ml	£6.00

Gin

Westward Farm Scilly Gin	fresh & vibrant gin from St. Agnes	40%	25ml	£4.50
Westward Farm Wingletang Gin	St. Agnes gorse blossom gives a nutty flavour	40%	25ml	£4.50
Boxer Gin	vibrant, complex flavour bursting with juniper, lemon, orange and bergamot	41.3%	25ml	£4.00
Hendrick's Gin	special infusion of cucumber and rose petals	41.4%	25ml	£4.20
Tanqueray Sevilla Gin	unique bittersweet taste of Seville oranges	40%	25ml	£4.00
Elemental Raspberry Gin	copper distilled in Cornwall with a fresh burst of fruit	40%	25ml	£4.00
Cornish Chilli Gin	small batch, handcrafted fiery gin bottled with a Cornish chilli	37.5%	25ml	£4.60
Westward Farm Colour Changing Gin	stunning blue gin that changes colour!	40%	25ml	£4.50

& Tonic

Sea Buck Tonic	Cornish spring water infused with cinchona bark and sea buckthorn berries	200ml	£2.50
Sea Buck Elderflower, Cucumber & Mint Tonic	summery Cornish tonic	200ml	£2.50
Sea Buck Blackberry & Honey Tonic	delicious Cornish berry tonic	200ml	£2.50
Schweppes tonic / slimline	clear, crisp & refreshing	125ml	£2.00

Sherry

Barbadillo Fino	Crisp almond bouquet and refreshing palate, perfect aperitif	15%	100ml	£6.00
Barbadillo Amontillado	rich hazelnut aromas with roast apple and nutty-oak	17.5%	100ml	£6.00
Barbadillo Pedro Ximenez	sumptuous dessert sherry with rich prune, raisin flavour	17.5%	50ml	£4.50



aperitif

Mocktails

Espresso Martino	Spice 94, Cornish roasted espresso	£7.50
Minosa	Grove42, fresh orange juice, soda	£6.00
Blueberry Nojito	Blueberry, Mint, Lime & Soda	£7.00
Bloody Shame	Tomato Juice, Lemon, Henderson's Relish & Tabasco	£5.00
Amalfi Spritz	Pentire Coastal Spritz & soda	£6.00

Alcohol-free Beer & Wine

San Miguel	A full-bodied and textured 0% beer from Spain	£4.50
Vallformosa Sparkling Wine	Smooth and pleasant with an imposing structure on the palate and delicate, long flavour. Tropical aromas, leaving a fine aftertaste	£15.00

G&Teetotal

Set Adrift	Pentire Cornish non-alcoholic spirit served with Seabuck Cornish tonic water	£6.50
Spice of Life	Seedlip Spice 94 served with pink grapefruit soda	£6.50
Citrus Grove	Seedlip Grove 42 served with a dash of cranberry juice & tonic	£6.50

Bar Snacks

D&G Mix Olives GF V	chilli & garlic marinated pitted kalamata and green olives	£3.00
La Verde Organic Olives GF V	organic pitted green olives with wild garlic and basil	£3.50
Kasbah Organic Olives GF V	kalamata and green olives marinated in the flavours of the Levant	£4.00
Almendras con Pimentón GF V	roasted almonds with Spanish smoked paprika	£4.00
Herb Roasted Nuts & Seeds GF V	roasted with rosemary & olive oil & salt	£4.00
Maiz frito GF V	Spanish fried salted corn	£2.50
Piquitos Camperos V GFO	breadsticks from award winning family baker in Malaga	£2.50

Beer Snacks

Almendras con Pimentón
Herb Roasted Nuts & Seeds
Maiz frito
£9.50 GF V

With Wine

La Verde Olives
Herb Roasted Nuts & Seeds
£6.50 GF V

Cocktail Chasers

Kasbah Olives
Maiz frito
Almendras con Pimentón
£10.00 GF V



wine

White Wine

Valdecaz Verdejo 2022/3, Spain v	125ml glass	£4.60
Verdejo is a curious little grape found exclusively in Rueda in Spain. It is a bone dry wine with razor-sharp acidity. This terrific example shows all of the zingy freshness with lovely tropical fruits, a great alternative to a Sauvignon Blanc.	175ml glass	£6.50
	500ml carafe	£18.00
	750ml bottle	£23.00
Adega De Moncao Vinho Verde 2022/3, Portugal	125ml glass	£5.20
The perfect summer wine! On the palate it is crisp and dry with a light spritz and has a fruity aroma with notes of apricot and peach. Perfect to accompany appetizers and snacks and also pairs well with vegetarian dishes.	175ml glass	£7.50
	500ml carafe	£20.00
	750ml bottle	£26.00
Snapper Rock Sauvignon Blanc 2023, New Zealand	125ml glass	£6.50
This Marlborough wine displays classic sauvignon character with intense aromatic and herbaceous notes. An excellent fruit purity and vibrancy, backed by juicy acidity, leads to a mouth-watering finish.	175ml glass	£9.00
	500ml carafe	£25.00
	750ml bottle	£32.00
De Veyrac Picpoul de Pinet 2022/3, France		£30.00
A full-bodied wine from the AOC appellation in the Languedoc region of Southern France. Refreshing crisp apple notes with a hint of citrus		
Nai Albariño 2021, Rias Baixas Spain v		£35.00
Nai (Galician for Mother) is a tribute to 21st-century women! This elegant, subtle, mineral and crisp wine has peach and pear notes with aromatic herbs, good acidity and persistent aftertaste.		
Polgoon Sauvignon 2022/3, Cornwall v		£36.00
On the nose this wine is lively with notes of lime, passion fruit and pineapple. On the palate it's crunchy fresh, green apple and tropical fruits with a distinctly Cornish minerality provided by the granite-based soil at Polgoon, Penzance.		
Civitas Pecorino 2021, Italy v o b		£40.00
This organic, biodynamic wine is full-bodied, dry and rich with nutty flavours & a crisp finish. Blossom, white fruits & hints of herbaceousness on the nose, this wine is really delicious and something a bit different.		

Sparkling Wine

Cielo Prosecco, Italy v	200ml bottle	£9.50
A glass sized bottle of bubbles for that perfect moment in the sunshine.		
Proverbio Organic Prosecco v		£39.00
In it's unique bottle, this prosecco is extra dry rather than Brut so is a bit more flavourful than others. Lots of apricot, apple and white flower notes and plenty of fizz!		
Pinot Noir Sparkling Rosé 2018, Cornwall v		£55.00
From the Polgoon winery in Penzance, this rich pink sparkling wine has hints of tangerine, honey & spice and makes any occasion a celebration!		
Champagne Malard 1er Cru, France		£65.00
The Malard House is a modern, independent family House, characterised by innovation, generosity, spirit of adventure and discovery. This wine is bright and gentle in style with notes of citrus and tropical elements, round in structure with a delicious delicate character.		

v = wines made with vegetarian fining agents

v = wines made with vegan fining agents

o = organic

b = biodynamic



wine

Red Wine

Valdecaz Tempranillo 2021, Spain **v**

Produced by the modern, family owned Monte La Reina winery based in Toro, this is a delicious example of the classic Spanish grape. Cherry fruits mingle with soft and gentle tannins and a touch of spice. Simply delicious!

125ml glass	£4.60
175ml glass	£6.50
500ml carafe	£18.00
750ml bottle	£23.00

Épicerie de Castelnau 2022/3, France

A medium bodied wine produced just a few kilometres from the Mediterranean Sea. Soft red berry notes mingle with gentle tannins in this deliciously easy drinking, vibrantly deep red wine.

125ml glass	£5.00
175ml glass	£7.00
500ml carafe	£20.00
750ml bottle	£25.00

Baccolo Rosso 2020, Verona Italy **v**

An enticing blend of Merlot and Corvina, this wine is soft in style with dark berries and spice on the palate. A method of partial drying the grapes gives this wine an amazing richness.

125ml glass	£5.60
175ml glass	£7.90
500ml carafe	£21.00
750ml bottle	£28.00

Appassimento Rosso Puglia 2021, Italy

The Appassimento method is applied to all the grapes that make up this blend, producing a wine that is full bodied and rich. Complex, fruity flavours with notes of ripe dark cherries, fresh herbs and vanilla.

£30.00

Altano Naturalmente Douro 2020, Portugal **v o**

Intense garnet colour, beautifully scented with floral and ripe red fruit aromas. On the palate this wine shows excellent structure. The elegant long finish denotes the balance afforded by the perfect acidity. This wine is made with 100% organic grapes from the family's vineyard.

£35.00

Raza Malbec Reserve 2020, Argentina

Rolling in rich damson fruit, spice notes and moreish character. An excellent example of the country's famous grape.

£36.00

Beck Ink 2020, Austria **v o b**

A biodynamic beauty with a blast of dark fruits, spices and fresh juiciness that leap from the glass on the nose and hits the palate like a mouthful of summer berries! This natural wine is made with hand harvested grapes, natural yeast fermentation, no additives and is low sulphur.

£40.00

Ugarte Reserva Rioja 2015, Spain **v**

An intense dark cherry colour, aromas with memories of forest fruits, liquorice and delicate hints of spices and toast. A balanced wine with strong ripe tannins on the palate, culminating in a nice long finish. Stunning!

£45.00

Rosé & Orange Wine

La Colombette Grenache Rosé 2021, France **v**

This light Rosé shows enticing summer berry notes, and is gentle in style with a refreshing, dry character. From an interesting and innovative winemaker in France.

125ml glass	£5.20
175ml glass	£7.50
500ml carafe	£20.00
750ml bottle	£26.00

Tragolargo Moscatel Malvasia 2021, Spain **o**

This natural wine is cloudy with a bright amber hue from the short skin contact during maceration. The aromas are amazing with summer fruits bursting from the glass, and on the palate dry with delicious tannins. A must for a summer aperitif!

125ml glass	£9.00
175ml glass	£12.00
500ml carafe	£34.50
750ml bottle	£45.00



hot drinks

Coffee

Seasonally & ethically sourced coffee beans roasted in Cornwall & milk from Troytown farm, St. Agnes

Espresso	straight double shot of coffee	£3.00
Americano	double espresso topped up with hot water	£3.50
Flat White	double shot of espresso with textured milk, smaller than a latte	£3.90
Cappuccino	double espresso topped with foamed milk	£4.00
Latte	double espresso topped with textured milk	£4.00
Mocha Latte	double espresso with chocolate topped with textured milk	£4.50
Iced Latte	sweetened latte served over ice	£4.20
	Add Caramel or Vanilla syrup	£0.80
Carajillo!	Spanish Brandy, espresso, orange & lemon zest	£8.00
Vietnamese Coffee	served over ice and condensed milk	£4.50
	or as an espresso	£3.00
Babaccino	small cup of frothed milk dusted with chocolate	£1.00



Loose Leaf Tea

High grade teas from small farms

English Breakfast	£2.80
A blend of a malty, top grade Assam and a bright Darjeeling	
Decaf	£2.80
A rich, bold, full-bodied English Breakfast tea, but without the caffeine	
Earl Grey	£2.80
China, Ceylon, Darjeeling, and Assam infused with natural oil of Bergamot	
Jade Green Tips	£3.50
Organic & Fair-trade Chinese Green Leaf Tea	
Almond Chai	£4.20
Organic Assam with Indian spices brewed with sweet almond milk	
Moroccan Mint	£3.00
Organic gunpowder green tea with organic peppermint and spearmint	

Herbals, Infusions & Alternatives

Caffeine free options

Triple Mint	£2.80
Multi-dimensional tea combining great depth and refreshing mint flavours	
ImmuniTea	£2.80
Our own blend of fresh lemon, root ginger & honey	
Berry & Hibiscus	£2.80
Entirely natural infusion of juicy whole berries, hibiscus, elderflower & apple	
Beetroot latte	£3.90
A vibrant blend of beetroot & ginger & raw coconut nectar with oat milk V GFO	
Turmeric Latte	£3.90
Turmeric, cinnamon and a touch of black pepper blended with coconut milk V GF	
Hot Chocolate	£4.50
Ethical, sustainable chocolate handmade in Cornwall served on a stick with St. Agnes milk GF	

Milk Chocolate

Dark Chocolate VO

Chocolate & Orange

Chocolate & Caramel Sea Salt

GF = made with no gluten containing ingredients
 GFO = can be made without gluten containing ingredients
 V = vegan
 VO = Adaptable for Vegan Option



cold drinks

Smoothies

Red Devil	Strawberry, Raspberry Mango, Banana & Apple Juice GF V	£4.90
Sunshine	Passion fruit, Banana Pineapple, & Orange Juice GF V	£4.90
Very Berry	Blackberry, Blueberry, Raspberry, Banana & Apple Juice GF V	£4.90
Lean Green	Spinach, Avocado, Lime, Basil & Apple Juice GF V	£4.90
Breakfast on the Go	Muesli, Banana, Honey, Strawberry & Troytown Milk	£4.90
Elvis	Cornish Peanut Butter, Banana, Maple Syrup & Almond Milk GF V	£4.90

Fresh Juices GF V

Orange Juice	Freshly squeezed	£4.50
Breakfast Juice	Freshly squeezed orange with cranberry juice	£4.00
Instant Energiser	Freshly extracted Carrot, Ginger, Apple & squeezed Orange	£4.90



NEW!

Ginger Shots! GF V

NEW!

Ginger & Lemon	£2.50
Ginger & Carrot	£2.50
Ginger & Spinach	£2.50

Milkshakes

Topped with swirls of syrup, whipped cream and more! GF £5.50

Strawberry

strawberries, coulis, vanilla frozen yoghurt & Troytown milk

Vanilla vo

vanilla frozen yoghurt & Troytown milk

Salted Caramel

salted caramel frozen yoghurt, caramel & Troytown milk

Chocolate vo

chocolate Ice cream, chocolate chips & Troytown milk

Mini Milks

Mini drinks for mini people GF £2.50

Orange Juice

Apple Juice

Red Angel Smoothie

Little Miss Sunshine Smoothie

Baby Berry Smoothie

Mini Milkshakes available if ordered by 2

Bottled Drinks V GF

Karma Cola	£3.00	Pink Grapefruit Soda	£3.50
Organic, fair-trade cola	250ml	Refreshing as a mixer or alone	200ml
Polgoon Elderflower Pressé	£3.50	Raspberry-Hibiscus Kombucha	£3.90
Cornish lightly sparkling elderflower	250ml	Momo organic fermented tea	330ml
Sicilian Lemon with Yuzu	£3.90	San Pelligrino	250ml £2.90
Gusto organic, fairtrade lemonade	250ml	Italian sparkling mineral water	750ml £4.00
Fiery Ginger with Chipotle	£3.90	Aqua Panna	250ml £2.60
Gusto organic, fairtrade ginger ale	250ml	Italian still mineral water	750ml £3.90

Supercharge by adding an espresso!



spirits

Aperitifs

Tarquins Cornish Pastis	45% 25ml	£5.00
Cornish gorse flowers infuse the anise classic		
Ouzo 12	38% 25ml	£3.50
Knightor Cornish Rose Vermouth	50% 15ml	£7.00
Arette Blanco Tequila	40% 25ml	£3.80

Vodka

Element 29	40% 25ml	£3.50
SC Dogs Vodka	40% 25ml	£4.50
Crafted in small batches and bottled on St. Martins		
Carriel Vanilla Vodka	37.5% 25ml	£3.00
Todka XS	37.5% 25ml	£4.00
Cornish sea-salted caramel vodka		

Rum & Cachaça

SC Dogs Gold Rum	44% 25ml	£4.50
Handcrafted in small batches on St. Martins		
SC Dogs Honey Spiced Rum	41.5% 25ml	£4.50
Citrus notes balanced with a hint of Tresco honey		
Woods Old Navy Rum	57% 25ml	£4.50
Toti White Rum	38% 25ml	£3.80
Abelha Organic Cachaça	39% 25ml	£3.50

Whisky

Monkey Shoulder Triple Malt	40% 25 ml	£4.20
Jameson's Irish Whiskey	40% 25 ml	£4.00
Laphroaig Single Malt 10 year	40% 25ml	£5.00
Nomad Whisky	41.3% 25ml	£4.50
Blended in Scotland, aged in the sherry casks in the Gonzalez Byass cellars in Jerez, Spain		

Digestifs

Chateau de Montifaud VS Cognac	40% 25ml	£4.50
Mérito Solera Brandy de Jerez	36% 25ml	£4.00
Intense with nuances of vanilla and toasted pastry		
Cornish Cider Brandy	40% 25ml	£5.00
Cornish apple brandy aged in bourbon oak casks		
Smith Woodhouse Tawny Port	20% 50ml	£5.00
Baileys	17% 50ml	£4.00
Grand Marnier	40% 25ml	£3.80
Cointreau	40% 25ml	£3.00
Tosolini Sambuca	38% 25ml	£4.00
Intensely flavoured, rich and subtly sweet on the palate		
Gozio Amaretto	24% 25ml	£4.50
100% natural ingredients		
Bottega Limoncello	21% 25ml	£4.00
Bottega Nero Chocolate Liqueur	15% 25ml	£3.50
Bottega Fior Di Latte Liqueur	15% 25ml	£3.00
Bottega Pistachio Liqueur	17% 25ml	£3.50
Bottega Espresso Liqueur	20% 25ml	£3.50
Bottega Raspberry Cream Liqueur	15% 25ml	£3.50
Six Elderflower	18% 25ml	£3.00
Cornish fruit liqueur		
Six Blackberry	18% 25ml	£3.00
Cornish fruit liqueur		
Six Raspberry	18% 25ml	£3.00
Cornish fruit liqueur		

Grappa

Bepi Tosolini Cividina Tipica	40% 25ml	£4.50
Tosolini I Legni Rovere	42% 25ml	£6.00
Matured for 24 months in Cornish oak barriques		

Non-alcoholic Spirits

Pentire Adrift	Cornish botanical spirit made from unique plants native to the Cornish coastline	50ml	£4.50
Pentire Coastal Spritz	Cornish botanicals with blood orange, sea rosemary & oakwood	50ml	£4.50
Seedlip Spice 94	Jamaican allspice and cardamom distillates	50ml	£4.50
Seedlip Grove 42	Zesty & complex blend of three types of orange	50ml	£4.50